

# MDSC 26th Annual Conference: TAKING CHANCES

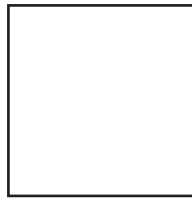
Each Spring, the MDSC hosts its Annual Conference, one of the largest statewide events on Down Syndrome in the nation. More than 500 parents, educators, self-advocates and brothers and sisters gather to hear some of the nation's leading experts on Down syndrome. The 2010 conference will feature Emily Jean Davidson, MD, MPH and Brian Skotko, MD, MPP of Children's Hospital in Boston; Beverly Beckham, Boston Globe columnist; Allen Crocker, MD; Cheryl Jorgensen, PhD, Project Director Institute on Disability University of New Hampshire; Jose Florez, MD, PhD of Massachusetts General Hospital; Karen Erickson, PhD and David Koppenhaver, PhD, national literacy experts, plus many more. Self-advocate Philip Donahue will deliver the keynote address.



**Sponsor, Exhibit or Advertise at the MDSC 26th Annual Conference** To learn more about how you, your company or organization can sponsor, exhibit, or advertise at the MDSC Annual Conference, please contact MDSC at [mdsc@mdsc.org](mailto:mdsc@mdsc.org).



P.O. Box 866  
Melrose, MA 02176



26TH ANNUAL CONFERENCE



A conference on Down syndrome for parents, educators, self-advocates, brothers and sisters, and other family members and professionals.



**Saturday, March 27, 2010**  
at the DCU Center, Worcester  
**REGISTER ONLINE BY MARCH 15th**  
[www.mdsc.org](http://www.mdsc.org) **800.664.MDSC**

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## REGISTRATION BEGINS AT 7:30AM

- 8:00 - 8:45 am . . . . . Annual Meeting  
(open to all MDSC members)
- 9:00 - 10:30 am . . . . . **Breakout Session I**
- 10:30 - 11:00 am . . . . Exhibitors/Break
- 11:00 - 12:30 pm . . . . **Breakout Session II**
- 12:30 - 2:00 pm . . . . Awards Luncheon/Keynote
- 2:00 - 2:30 pm . . . . Exhibitors/Break
- 2:30 - 4:00 pm . . . . **Breakout Session III**

**FOR DIRECTIONS:** [www.dcucenter.com](http://www.dcucenter.com)



## CONFERENCE WORKSHOPS

Workshop description can be found at: [www.mdsc.org](http://www.mdsc.org)

### PARENTS/GENERAL SESSIONS

#### Breakout Session I 9:00 am - 10:30 am

1. New Parents – *Allen Crocker, MD, Angela Lombardo, Sarah Cullen*
2. Engaging Literacy Instruction that Makes Sense to Kids with Down Syndrome – *Karen A. Erickson, PhD, and David A. Koppenhaver, PhD*
3. Behavioral Problems and Behavioral Interventions in Children with Down Syndrome: A Practical Overview for Parents and Professionals – *David Stein, PsyD*
4. Transition, Employment & You: Tools for Employment for Transition aged Individuals with Down Syndrome and their Families – *Erin E. Fallon, BA & Cindy Sareault Thomas, MS CRC*
5. Adults with Down Syndrome: Preparing Now for a Healthy Future – *Jose Florez, MD, PhD*

#### Breakout Session II 11:00 am - 12:30 pm

6. New Prenatal Tests for Down Syndrome: Local Updates, National Strategies, and What This All Means for Your Family – *Brian Skotko, MD, MPP, & Sarah Cullen*
7. Strategies for Facilitating Friendships Between Students with and without Down Syndrome – *Zachary S. Rossetti, PhD*
8. Building Blocks of a Healthy Lifestyle – Nutrition for Children with Down Syndrome – *Kathryn “Kat” Brown, MS, RD, RYT*
9. The Ultimate Transition to Adulthood Workshop – *Jo Ann Simons, MSW*

10. So You Have A Grandchild With Down Syndrome. Let's Talk. – *Allen Crocker, MD & Beverly Beckham, Boston Globe Columnist*

#### Breakout Session III 2:30 pm - 4:00 pm

11. When it's not just Down Syndrome: Addressing the Needs of Children with Down Syndrome and Complex Medical Conditions – *Emily Jean Davidson, MD, MPH*
12. Understanding and Applying Sensory Integration Principles to Individuals with Down Syndrome – *Janet Wright, MS, OTR/L*
13. Obstructive Sleep Apnea in Children with Down Syndrome and its Impact on Behavior, Cognition and Development – *Dennis Rosen, MD*
14. Joining Forces with Advocates From Across the Commonwealth – *Susan Nadworny, President, Massachusetts Families Organizing for Change; Leo Sarkissian, Executive Director, Arc of Massachusetts; Maureen Gallagher, Executive Director, Massachusetts Down Syndrome Congress and other state leaders*
15. Strategies for Teaching and Supporting Healthy Sexuality – *Terri Couwenhoven, MS*
16. Informal New Parent Networking Session – *Sarah Cullen*

#### EDUCATORS

17. **Breakout Session I** Exploring the Possibilities: Using Technology to Support All Learners – *Karen Janowski, MS Ed, OTL*
18. **Breakout Session II** Engaging Literacy Instruction that Makes Sense to Kids with Down Syndrome – *Karen A. Erickson, PhD, and David A. Koppenhaver, PhD*
19. **Breakout Session III** Taking a Chance on an “Ordinary Life:” Full Inclusion for All Children with Down Syndrome – *Cheryl M. Jorgensen, PhD*

#### BROTHERS AND SISTERS (Ages 11-18) Facilitators; *Josh Fee, Lizzy Myshrall, & David Sabia*

- Breakout Session I** Getting the Facts
- Breakout Session II** Down Syndrome Awareness: Informing Others and Ourselves
- Breakout Session III** Becoming an Advocate

#### YOUNG ADULTS (Ages 13 and up)

- Breakout Session I** Self Advocates in the Spotlight – *Laurie Maranian & Shannon Driscoll, Self Advocate*
- Breakout Session II** Preparing for Dating – *Terri Couwenhoven, MS*
- Breakout Session III** Building Blocks of a Healthy Lifestyle II - A Yoga and Nutrition Workshop for Young People with Down Syndrome – *Kathryn “Kat” Brown, MS, RD, RYT*

**KEYNOTE Philip Donahue, Self Advocate**



## ONLINE REGISTRATION AT: [www.mdsc.org](http://www.mdsc.org)

name \_\_\_\_\_

address \_\_\_\_\_

city \_\_\_\_\_ state \_\_\_\_\_ zip \_\_\_\_\_

phone \_\_\_\_\_

e-mail \_\_\_\_\_

Conference Registration Fees include continental breakfast and lunch.

	# of Persons	Total
MDSC Member	\$75 x _____	_____
Brothers & Sisters (ages 11-18)/ Young Adults (13 and older)	\$50 x _____	_____
Non-Member	\$125 x _____	_____
MDSC Membership per household	\$30 (1yr.)	_____
Late Fee per person	\$25	_____

for postmark or online registration after March 15, 2010

I'd like to make a donation to the MDSC \_\_\_\_\_

Total Amount Enclosed \_\_\_\_\_

Registration Deadline is March 15, 2010. Please register promptly to ensure space in the workshops of your choice. A limited number of scholarships are available based on need. To apply, please contact Sarah Cullen at [mdsc@mdsc.org](mailto:mdsc@mdsc.org).

**ALL: Please list attendees below. Indicate your workshop choice by numbers (1-19) as they are listed in the workshop section of this brochure. Note: For brothers and sisters (ages 11-18) and young adults (ages 13 and up) only list name and age, workshop choices are predetermined.**

Print All Attendee Names:	Workshop Numbers:
_____	_____
<input type="radio"/> Parent <input type="radio"/> Educator <input type="radio"/> Brother/Sister <input type="radio"/> Young Adult <input type="radio"/> Other	
_____	_____
<input type="radio"/> Parent <input type="radio"/> Educator <input type="radio"/> Brother/Sister <input type="radio"/> Young Adult <input type="radio"/> Other	
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<input type="radio"/> Parent <input type="radio"/> Educator <input type="radio"/> Brother/Sister <input type="radio"/> Young Adult <input type="radio"/> Other	

#### REGISTER ONLINE WITH A CREDIT CARD AT [WWW.MDSC.ORG](http://WWW.MDSC.ORG)

Please charge my credit card:  MC  Visa  AMEX  Discover

Account # \_\_\_\_\_ Exp. date \_\_\_\_\_

Signature: \_\_\_\_\_  
name (as it appears on card)

**Make Checks Payable to MDSC and send with this registration form to:  
MDSC, c/o Forster, PO Box 866, Melrose, MA 02176**