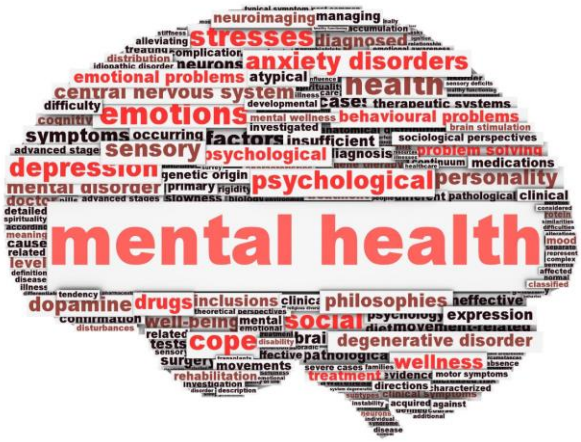
Down Syndrome and Mental Health Support Group



Does your teen or adult loved one with Down syndrome also have a mental health diagnosis such as Depression, Anxiety, Obsessive-Compulsive Disorder or Bipolar Disorder? Often these illnesses bring on a change in daily living skills, mood, or interest in activities once enjoyed. Seeing these changes and regression in your loved one can be very difficult.

The MDSC offers support group meetings and guest speaker sessions for family members who have a loved one with Down syndrome and a mental health diagnosis. Meetings are facilitated by Mary-Frances Garber, a licensed genetic counselor providing supportive genetic counseling in her private practice, Listening, Reflecting, Healing in Needham. She has been a consultant with the MDSC for the past 5 years providing insight and support to many families.

Join us Wednesday, May 23
7 - 8:30pm
MDSC Office, Burlington, MA

Cognitive Behavioral Therapy (CBT)

Guest Speaker
Amelia Rowley, Psy.D.
Licensed Clinical Psychologist, Boston Child Study Center
www.bostonchildstudycenter.com/amelia-rowley

RSVP required to cendres@mdsc.org.